

MA, 21 OKT	DI, 22 OKT	WO, 23 OKT	DO, 24 OKT	VR, 25 OKT	ZA, 26 OKT	ZO, 27 OKT
	<p>18:00 - 19:00 Crosstraining Functional Zone Jules De jonghe</p> <p>18:15 - 19:15 Zumba® Group Classes Studio İlayda Yücel</p> <p>19:15 - 20:15 Pilates Group Classes Studio Laura Parmentier</p> <p>20:00 - 21:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Katleen De Temmerman</p>	<p>18:00 - 19:00 Pilates Group Classes Studio Michelle Elsen</p> <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jules De jonghe</p> <p>19:00 - 20:00 Yoga Group Classes Studio Judith De Mulder</p>	<p>18:00 - 19:00 Yoga Group Classes Studio Laura Parmentier</p> <p>19:00 - 20:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Katleen De Temmerman</p> <p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio silina niils</p> <p>19:00 - 20:00 Men's Strength Training (SGT) Fitness Floor Mike Hondeghem</p> <p>20:00 - 21:00 Les Mills Bodypump™ Group Classes Studio Katleen De Temmerman</p>	<p>19:00 - 20:00 Crosstraining Functional Zone Mike Hondeghem</p>	<p>10:00 - 11:00 BBB Group Classes Studio Daisy Dejonghe</p> <p>11:00 - 12:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Pascal Rooms</p> <p>12:00 - 13:00 Men's Strength Training (SGT) Fitness Floor Niels Vermeiren</p>	<p>09:45 - 10:45 Les Mills Bodypump™ Group Classes Studio An De Decker</p> <p>11:00 - 12:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube An De Decker</p> <p>11:00 - 11:30 HIIT Group Classes Studio Quinten Gripe</p> <p>11:00 - 12:00 Women's Strength Training (SGT) Fitness Floor Niels Vermeiren</p> <p>11:30 - 12:00 Core Group Classes Studio Quinten Gripe</p>

MA, 28 OKT	DI, 29 OKT	WO, 30 OKT	DO, 31 OKT	VR, 01 NOV	ZA, 02 NOV	ZO, 03 NOV
<p>18:00 - 19:00 Sculpt Group Classes Studio Emeni Bader</p> <p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Mike Hondeghem</p> <p>19:00 - 20:00 BBB Group Classes Studio Emeni Bader</p> <p>20:00 - 21:00 Les Mills Bodyattack™ Group Classes Studio Olivier Ockers</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Jules De jonghe</p> <p>18:15 - 19:15 Zumba® Group Classes Studio Ilayda Yücel</p> <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Niels Vermeiren</p> <p>19:15 - 20:15 Pilates Group Classes Studio Laura Parmentier</p> <p>20:00 - 21:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Katleen De Temmerman</p>	<p>07:30 - 08:30 INDOOR CYCLING CUBE (BE) Cycling Cube</p> <p>18:00 - 19:00 Pilates Group Classes Studio Michelle Elsen</p> <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jules De jonghe</p> <p>19:00 - 20:00 Yoga Group Classes Studio Judith De Mulder</p>	<p>18:00 - 19:00 Yoga Group Classes Studio Laura Parmentier</p> <p>19:00 - 20:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Katleen De Temmerman</p> <p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio silina niils</p> <p>19:00 - 20:00 Men's Strength Training (SGT) Fitness Floor Mike Hondeghem</p> <p>20:00 - 21:00 Crosstraining Functional Zone Esther Havet</p> <p>20:00 - 21:00 Les Mills Bodypump™ Group Classes Studio Katleen De Temmerman</p>		<p>10:00 - 11:00 BBB Group Classes Studio Daisy Dejonghe</p> <p>11:00 - 12:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Pascal Rooms</p>	<p>09:45 - 10:45 Les Mills Bodypump™ Group Classes Studio An De Decker</p> <p>11:00 - 12:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube An De Decker</p> <p>11:00 - 11:30 HIIT Group Classes Studio Quinten Gripe</p> <p>11:00 - 12:00 Women's Strength Training (SGT) Fitness Floor Esther Havet</p> <p>11:30 - 12:00 Core Group Classes Studio Quinten Gripe</p> <p>12:00 - 13:00 Calisthenics Functional Zone Niels Vermeiren</p>